What is claimed is:

1. A method for depositing a material, comprising at least one of: an alloy and a composite, into a recess, defined by an upper and lower surface, the method comprising the steps of:

sputtering from a target, comprised of the material, onto the upper surface to form a layer of deposited material; and

resputtering the layer of deposited material to redeposit onto the lower surface a resputtered layer of material, having a stoichiometry different than that of the layer of deposited material.

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2. The method of claim 1, wherein the target is comprised of an alloy or composite material, selected from the group consisting of: refractory metal silicides, magnet alloys, alloys used in micromachining manufacturing processes, and silicide composites.

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- 3. The method of claim 2, wherein the target is comprised of titanium silicide, having a ratio of silicon to titanium between approximately 2.0:1 and 2.7:1.
- 4. The method of claim 2, wherein the ratio of silicon to titanium in the resputtered layer of material is between approximately 1.0:1 and 2.0:1 and comprises a titanium-rich titanium silicide layer.
 - 5. The method of claim 4, wherein the ratio of silicon to titanium is approximately 1.8:1.

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6. The method of claim 4, further comprising the step of annealing the titanium-rich titanium silicide to reduce native oxides and form a low resistivity contact.

7. The method of claim 6, wherein the annealing step comprises using at least one of the following annealing methods: annealing in a furnace at temperatures of approximately 550 to 850 degrees Celsius and rapid thermal processing techniques.

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- 8. The method of claim 1, wherein the recess is a high-aspect ratio contact hole, having a ratio of height-to-spacing of between approximately 3 and 7.
- 9. The method of claim 1, wherein the sputtering step comprises applying approximately a zero bias at the lower surface of the recess.
 - 10. The method of claim 1, wherein the the resputtering step comprises biasing the bottom surface of the recess to a negative bias voltage, which is less than the lowest threshold energy of any constituent element in the material, at a low grazing angle.
 - 11. The method of claim 10, wherein the bias for the resputtering step is between approximately -15 to -65 Volts low, and the low grazing angle is between approximately 0 and 30 degrees.

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- 12. The method of claim 1, wherein the resputtering step begins after formation of material overhang by the sputtering step.
- The method of claim 12, wherein the aspect ratio of the recess is 4, and the resputtering step begins approximately 0 to 25 seconds after the sputtering step begins.

- 14. The method of claim 1, wherein the sputtering step comprises sputtering in a sputtering chamber ambient comprised of argon and nitrogen, having a concentration of between approximately 0.1 to 3.0 percent by volume.
- 5 15. The method of claim 1, wherein the resputtering step is followed by deposition of at least one layer of material having a different stoichiometry than that of the layer of resputtered material.
- 16. The method of claim 1, wherein a negative bias voltage is applied to the substrate and subsequently altered to vary the stoichiometry of the layer of resputtered material.
 - 17. The method of claim 1, wherein the sputtering and resputtering steps comprise utilizing a collimated physical vapor deposition sputtering apparatus.

18. The method of claim 1, wherein the sputtering and resputtering steps comprise utilizing a noncollimated, long-throw physical vapor deposition sputtering apparatus, with a substrate-to-target distance of approximately between 100 to 1,000 millimeters.

19. A method for depositing a material, comprising at least one of: an alloy and a composite, into a recess, defined by an upper and lower surface, the method comprising the steps of:

sputtering from a target, comprised of the material, onto the upper surface to form a layer of deposited material;

resputtering at a first substrate bias, the layer of deposited material to deposit material from the first layer, onto the lower surface, to form a first layer of resputtered material; and

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resputtering at a second substrate bias, the layer of deposited material, to redeposit on the first layer of resputtered material, a second layer of resputtered material, having a stoichiometry different than that of the first resputtered material.

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20. The method of claim 19, wherein the target is comprised of an alloy or composite material, selected from the group consisting of: refractory metal silicides, magnet alloys, alloys used in micromachining manufacturing processes, and silicide composites.

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21. The method of claim 20, wherein the target is comprised of titanium silicide and the ratio of silicon to titanium in the layer of deposited material is approximately 2.0:1, the ratio of silicon to titanium in the first layer of resputtered material is approximately 1.8:1, and the ratio of silicon to titanium in the second layer of resputtered material is approximately 2.0:1.

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22. The method of claim 21, further comprising the step of annealing the recess to reduce native oxides and form a low resistivity contact.

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The method of claim 22, wherein the annealing step comprises using at least one 23. of the following annealing methods: annealing in a furnace at temperatures of approximately 550 to 850 degrees Celsius and rapid thermal processing techniques.

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The method of claim 19, wherein the target comprises titanium silicide and the 24. ratio of silicon to titanium in the layer of deposited material is approximately greater than 2.0:1, and the ratio of silicon to titanium in the first and second layers of resputtered material is greater than 2.0:1.

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- 25. The method of claim 19, further comprising forming at least a third layer of resputtered material, formed in the same manner as the first and second layers of resputtered material, and having a stoichiometry different than at least the first and second layers of resputtered material.
- 26. A recess for a semiconductor device, comprising:
 - a recess bottom, comprised of a first material;
 - at least one vertical recess sidewall, comprised of a second material; and
 - a generally planar layer of a third material, selected from the group
- consisting of alloys and composites and formed on the recess bottom.
 - 27. The recess of claim 26, wherein the third material comprises a first layer of refractory metal silicide and the recess comprises a contact hole.
- The recess of claim 27, further comprising a second layer of refractory metal silicide, formed on the first layer of refractory metal silicide, wherein the second layer of refractory metal silicide has a different stoichiometry than that of the first layer of refractory metal silicide.
- 29. The recess of claim 28, further comprising at least a third layer of refractory metal silicide, formed on the second layer of refractory metal silicide, wherein the third layer of refractory metal silicide has a different stoichiometry than that of at least the first and second layers of refractory metal silicide.
- 25 30. The recess of claim 26, wherein the first material comprises silicon, and the second material comprises an insulating material, selected from the group comprising oxides, nitrides, and borophosphosilicate glass.